

COLE'S WARRIORS

March 10, 2016

School Year 2015-2016 Update

The Cole's Warriors program has received a lot of recognition this year within the schools. Seven of the nine high schools have maintained a monthly schedule for drug screening with Cole's Warriors. During my time with the students, I have added a brief lesson about brain development. We talk about Neurotransmitters, Receptors, Cortisol, Adrenaline, Serotonin, Dopamine and how those hormones are affected and changed when introducing any type of drug to their system. We also go over statistics specifically in regards to youth who begin to use substances between the ages of 14-17 and how they are four times more likely to become dependent/addicted later in life. We also talk about facts in regards to many different drugs. Most students are very engaged and have plenty of questions. Unfortunately, many students also have stories to share about their family situations and how drugs have negatively impacted their lives as well.

Cole's Warriors has also provided information dissemination (handouts and displays) as well as education at several locations throughout the area: some of which include two Miami Valley Hospital Health Fairs, New Carlisle Sports & Fitness Center, Clark County Juvenile Detention Center, YMCA of Springfield, and a tailored presentation regarding peer pressure resistance skills at Catholic Central Middle School. This coming April, Cole's Warriors is implementing a best practice curriculum "Alcohol Literacy Challenge" in the Northwestern High School health classes. Upon completion of the first implementation, the plan is to expand into other school districts showing interest, such as Springfield High, Northeastern High and Catholic Central High.

Coles Warriors is continuing to expand and reach as many students as possible with evidence based prevention strategies and techniques tailored to their specific communities. I look forward to serving Clark county youth and helping them make the decision to live drug free. In regards to the regular drug screens on a monthly basis at each high school please see attached chart.

Respectfully,

Emily Magoteaux

Ohio Certified Prevention Specialist II
National Certified Family Life Educator